

August 19, 2026

Overdose Alert.



Grey Bruce Public Health has been notified of 3 suspected opioid-related overdoses, including one fatality, that occurred August 13-18 in Owen Sound, Saugeen Shores, and West Grey. The suspected substance was fentanyl in the fatal case, and fentanyl and meth in the non-fatal cases.

Follow these harm reduction practices:

- **Don't use alone. Have a trusted, sober friend present. Call or text NORS 1-888-688-6677 if using alone.**
- **Get overdose prevention training & carry a naloxone kit.**
- **Take extra caution if mixing substances. Mixing substances can increase the risk of harm and drug poisonings.**
- **Go slow. Always start with a low dose and increase slowly, especially if trying something new or restarting use.**
- **Use only new supplies and avoid sharing supplies. This reduces the risk of getting or passing on an infectious disease. Supplies are available at GBPH and community partners.**
- **Get your drugs tested. Call or text SOS at 519-379-8743.**

Suicide Crisis Hotline: 9-8-8

Connex Ontario: 1-866-531-2600

Supportive Outreach Services (SOS): 519-379-8743

Rapid Access Addiction Medicine (RAAM) Clinic: 519-376-3999

National Overdose Response Service (NORS): 1-888-688-6677



Please remove by August 26, 2026